

# THE CENTER FOR EMOTIONAL HEALTH OF GREATER PHILADELPHIA LLC

# THE CENTER FOR EMOTIONAL HEALTH



## Expertise Within Reach

The Center for Emotional Health of Greater Philadelphia (CEH) is a multi-site, outpatient behavioral healthcare provider specializing in the evaluation and evidence-based treatment of anxiety disorders, obsessive-compulsive and related disorders, and neurodevelopmental disorders. With locations in New Jersey and telehealth services available across the United States, CEH's nationally renowned team provides excellence in individualized care.

Hope starts here. At CEH, we see treatment successes every day - We see people learn to overcome their fears, drop their struggles, and reconnect with what matters most to them. We see people get their lives back.

- ✓ Anxiety and Panic Disorders
- ✓ Phobias
- ✓ Posttraumatic Stress Disorder
- ✓ Obsessive-Compulsive Disorder
- ✓ Trichotillomania, Excoriation Disorder, and other BFRBs
- ✓ Body Dysmorphic Disorder
- ✓ Hoarding Disorder
- ✓ Tic and Tourette's Disorders
- ✓ Attention-Deficit / Hyperactivity Disorder
- ✓ Learning Disorders
- ✓ Disruptive Behavior Disorders

We value science. We do what works, based on the best available research and scientific evidence, ensuring you receive exceptional care. Beyond the office, CEH clinicians are leaders in the field, providing training and consultation to clinicians and educators around the country.

## Services We Provide

- ✓ Cognitive Behavioral Therapy
- ✓ Exposure and Response Prevention
- ✓ Prolonged Exposure
- ✓ Cognitive Processing Therapy
- ✓ Acceptance and Commitment Therapy
- ✓ Comprehensive Behavioral Intervention for Tics
- ✓ Cognitive Behavioral Therapy for Insomnia
- ✓ Habit Reversal Training / Comprehensive Behavioral Therapy / Integrative Behavioral Therapy for BFRBs
- ✓ Organization Skills Training
- ✓ Parent Management Training
- ✓ Parent-Child Interaction Therapy
- ✓ Supportive Parenting for Anxious Childhood Emotions
- ✓ Emotionally Focused Therapy
- ✓ Psychodynamic and Interpersonal Therapy
- ✓ Psychological, Psychoeducational, and Forensic Assessment